

# **PARTICIPANT HANDBOOK**

**SIXTH DISTRICT DRUG COURT  
SANPETE COUNTY**

**TABLE OF CONTENTS**

INTRODUCTION	3
PHASE ONE	4
PHASE TWO	5
PHASE THREE	6
PHASE FOUR	7
RULES OF DRUG COURT	8
CONSEQUENCES FOR MISBEHAVIOR	9
PHONE NUMBERS	10
AA/NA MEETING SCHEDULE	11

# 3

## **INTRODUCTION**

This participant handbook is written to help you successfully complete the requirements of the Sanpete County Drug Court Program. In this handbook, you will find specific information about the court, treatment and police monitoring. There will be information regarding what specific things you must do to complete each phase of the program. If you fail to comply with the rules of drug court, specific penalties can and will be imposed.

The Drug Court is divided up into four parts known as phases. You will begin in phase one and eventually progress into phase four and then to graduation. Upon completion of all requirements, you will graduate from the drug court program and all charges will be dropped that brought you to this point. Along the way, you will have learned a new way of living and thinking. This way of life will be a drug free life. Let's review the requirements for each of the four phases.

# 4

## PHASE ONE

Phase one is also known as the ORIENTATION PHASE. This is where you will get to know the requirements of the Drug Court. There will be demands placed on you, but there will be people that will be there to help and assist you.

Phase one will last for at least three months. In phase one you will need to do the following:

- ✓ **Complete evaluation that will include an ASI**
- ✓ **Attend two hours of group per week**
- ✓ **Attend one individual session per week**
- ✓ **Start a journal consisting of five entries per week**
- ✓ **Submit at least three U/A's per week for a minimum of 36**
- ✓ **Appear in court two times per month**
- ✓ **Complete Health Screening/ Physical if required**
- ✓ **Obtain stable housing**
- ✓ **Participate in skills group as required**

To advance to phase two you must accomplish the following:

- ✓ **Be current on drug court fees**
- ✓ **Develop productivity plan**
- ✓ **Be clean and sober for two weeks immediately prior to advancement**
- ✓ **Attend court two times monthly**
- ✓ **Attending AA/NA one time per week showing documentation as directed**
- ✓

**PHASE TWO**

Phase two will last for at least three months. There will be additional requirements expected of you. Much of this time will be spent on developing new and additional life skills to enable you to be more successful.

- ✓ **Attend and participate in one to two hours of group per week**
- ✓ **Attend two to four individual session per month**
- ✓ **Continue your journal consisting of five entries per week**
- ✓ **Submit two U/A's per week**
- ✓ **Appear in court two times per month**
- ✓ **Attend AA/NA meetings one time per week**
- ✓ **Maintain stable housing**
- ✓ **Participate in skills group as required**

To advance to phase three you must accomplish the following:

- ✓ **Be current on drug court fees**
- ✓ **Be clean and sober for two months immediately prior to advancement**
- ✓ **Attend court two times monthly**
- ✓ **Attend AA/NA one time per week showing documentation as directed**
- ✓ **Continue working productivity plan**
- ✓

# 6

## **PHASE THREE**

Phase three will last at least three months. This stage will be spent working on relapse prevention. You will be required to do the following:

- ✓ **Attend two to four individual sessions per month**
- ✓ **Continue your journal consisting of five entries per week**
- ✓ **Submit UA at least once a week**
- ✓ **Attend and participate in weekly group**
- ✓ **Appear in court two times a month**
- ✓ **Attend AA/NA meetings one time a week**
- ✓ **Maintain stable housing**

To graduate from phase three and the program you must accomplish the following:

- ✓ **Be current on drug court fees**
- ✓ **Be clean and sober for three months immediately prior to advancement**
- ✓ **Attend court two times monthly**
- ✓ **Attend AA/NA one time a week showing documentation as directed**
- ✓ **Continue working productivity plan**

### **PHASE FOUR**

Phase four is the final phase of the Drug Court program. In this stage you will continue to work on relapse prevention. You will also learn about long term maintenance. You will be required to do the following:

- ✓ **Attend one to four individual sessions per month**
- ✓ **Continue your journal consisting of five entries per week**
- ✓ **Submit UA at least once a month**
- ✓ **Attend and participate in weekly group**
- ✓ **Appear in court one time a month**
- ✓ **Attend AA/NA meetings one time per week**
- ✓ **Maintain stable housing**

To graduate from phase four and the program you must accomplish the following:

- ✓ **Be current on drug court fees**
- ✓ **Be clean and sober for three months immediately prior to graduation**
- ✓ **Attend court one time monthly**
- ✓ **Attend AA/NA one time per week showing documentation as directed**
- ✓ **Continue working productivity plan**
- ✓ **Complete a Long Term Recovery Plan**

**RULES OF DRUG COURT**

The rules of Drug Court are simple. If followed, you will be able to successfully complete the program. If you fail to keep these rules, specific sanctions can and will be imposed. Among these rules are the following:

**Be on time to all meetings including court**

**Participate in activities, such as group and individual sessions**

**Be cooperative with treatment staff, including Judges, and Police**

**Submit all required UA's**

**Be clean and sober, living a drug free lifestyle**

**Be honest**

**Pay Drug Court fees (\$30.00 per month)**

**Maintain a phone and permanent address where you can be reached while participating in the program (cell-phone, pager or land line)**

**Obtain and maintain a valid Driver License**

**Be in a stable living environment**

**Be productive**

## CONSEQUENCES FOR BEHAVIOR

The following is a list of behaviors and possible consequences or sanctions that can be imposed.

### BEHAVIOR

### CONSEQUENCE

Dirty UA

Jail time, community service, fee, verbal rebuke, essays, termination from program, increased treatment requirements

Late, No Show

Pay for session when not present, session will not count toward advancement, warrant for arrest, verbal rebuke, essays

Dishonesty

Community service

Disrespectful/ uncooperative

Community service, kicked out of session, verbal rebuke, increased treatment, essays, termination from program, jail time

New Arrest

Jail time, termination from program suspension from program

Clean Time

Advancement, less treatment, graduation, fewer times in court, recognition in court, less time in program, phase advancement

New Job

Recognition in court, less treatment, fewer times in court

**PHONE NUMBERS**

Sanpete County Attorney	835-6381
Sanpete County Clerk	835-2131
Sanpete County Judge	835-2121
Sheriff	835-2191
Central Utah Counseling Center	283-4065

**AA MEETINGS**

Monday	8:00 p.m. 8:00 p.m.	360 West Center 390 West 100 North	Gunnison Ephraim
Tuesday			
Wednesday	8:00 p.m.	10 North State (Rec Center-Upstairs)	Mt. Pleasant
Thursday	8:00 p.m.	390 West 100 North	Ephraim
Friday	7:00 p.m.	10 North State (Rec Center-Upstairs)	Mt. Pleasant
Saturday			
Sunday	10:00 a.m.	10 North State (Rec Center-Upstairs)	Mt. Pleasant

**NA MEETINGS**

Monday	7:00 p.m.	MATR (Pine Creek)	Mt. Pleasant
Wednesday	8:00 p.m.	Zions Bank-Basement	Salina
Thursday	7:00 p.m.	Ephraim Bible Church (400 East 400 South)	Ephraim

**Computerized Phone**      Lists all meetings in area and any changes      (435) 427-9577